

INTERNATIONAL POWERLIFTING FEDERATION
Commonwealth Equipped Women, Potch (South-Africa), 11-17.09.2017
DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.
Open																					
-47kg																					
1	Gogoi Minu	01.01.90	IN	46.40	1.3573	3	107.5	120.0	~~125.0~~	1	45.0	50.0	~~55.0~~	1	115.0	125.0	130.0	1	300.0	407.19	12
2	Barry Elisabeth	01.01.90	SA	46.55	1.3542	2	105.0	110.0	115.0	2	45.0	~~47.5~~	47.5	2	125.0	130.0	~~135.0~~	2	292.5	396.10	9
-52kg																					
1	Minoti Dehingia	01.01.90	IN	51.70	1.2522	9	115.0	X	125.0	1	~~57.5~~	57.5	62.5	1	115.0	125.0	132.5	1	320.0	400.70	12
-63kg																					
1	Gogoi Arannanee	01.01.90	IN	62.80	1.0765	13	140.0	~~145.0~~	~~145.0~~	1	~~80.0~~	80.0	82.5	1	140.0	142.5	150.0	1	372.5	401.00	12
—	Usha Usha	01.01.90	IN	62.30	1.0831	12	X	X	X	—	X	X	X	—	X	X	X	—	DSQ	—	—
-72kg																					
1	Du Toit Chantelle	01.01.85	SA	71.85	0.9774	17	150.0	160.0	172.5	1	105.0	110.0	~~115.0~~	1	150.0	160.0	~~165.0~~	2	442.5	432.50	12
2	Rana Mamta	01.01.90	IN	72.00	0.9760	19	160.0	~~175.0~~	~~175.0~~	2	75.0	85.0	90.0	2	160.0	~~172.5~~	172.5	1	422.5	412.36	9
3	Sehgal Iti	01.01.90	IN	68.50	1.0100	18	95.0	107.5	115.0	3	47.5	~~52.5~~	52.5	4	102.5	117.5	120.0	3	287.5	290.38	8
4	Sahni Shweta	01.01.75	IN	69.15	1.0033	16	90.0	105.0	~~110.0~~	4	50.0	55.0	~~60.0~~	3	110.0	120.0	~~122.5~~	4	280.0	280.92	7
-84kg																					
1	Chandrika B	01.01.90	IN	81.70	0.9046	20	140.0	~~150.0~~	155.0	1	55.0	65.0	~~72.5~~	1	140.0	150.0	157.5	1	377.5	341.49	12
84+kg																					
1	Rees Jacqui	01.01.90	SA	95.15	0.8459	23	170.0	~~182.5~~	182.5	1	~~95.0~~	95.0	~~100.0~~	1	155.0	170.0	~~180.0~~	1	447.5	378.54	12
2	Guha Sampa	01.01.90	IN	86.35	0.8800	24	105.0	120.0	~~150.0~~	2	70.0	82.5	X	2	~~105.0~~	105.0	X	2	307.5	270.60	9

Nation (points)

- 1 India 57 [12+12+12+12+9] 1962.74 w.pts.
- 2 South-Africa 33 [12+12+9] 1207.14 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Du Toit Chantelle	South-Africa	71.85	0.9774	442.5	432.50	1
2	Rana Mamta	India	72.00	0.9760	422.5	412.36	2
3	Gogoi Minu	India	46.40	1.3573	300.0	407.19	1

Sub-Juniors

-43kg																					
1	Nivetha v	01.01.00	IN	41.95	1.4520	1	50.0	60.0	70.0	1	30.0	37.5	42.5	1	60.0	80.0	95.0	1	207.5	301.29	12

Nation (points)

- 1 India 12 [12] 301.29 w.pts.

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Nivetha v	India	41.95	1.4520	207.5	301.29	1

Juniors

-52kg																					
1	Roux Rouxchelle	01.01.90	SA	51.50	1.2560	6	135.0	142.5	142.5	1	62.5	67.5	67.5	1	117.5	122.5	127.5	1	337.5	423.90	12
2	Vrettas Genevieve	01.01.90	SA	50.75	1.2702	5	105.0	115.0	120.0	3	47.5	50.0	52.5	2	110.0	120.0	125.0	2	290.0	368.36	9
3	Kaur Jaspreet	01.01.90	IN	50.80	1.2692	8	80.0	90.0	90.0	4	30.0	35.0	40.0	3	85.0	95.0	105.0	3	230.0	291.92	8
—	Dihingia Minati	01.01.90	IN	51.70	1.2522	7	115.0	117.5	125.0	2	57.5	57.5	57.5	—	X	X	X	—	DSQ	—	—
-57kg																					
1	Leighton Megan	01.01.90	SA	56.95	1.1612	10	125.0	137.5	142.5	1	95.0	95.0	103.0	1	132.5	142.5	155.0	1	387.5	449.96	12
84+kg																					
1	Bora Mousumi	01.01.90	IN	96.90	0.6166	22	160.0	160.0	160.0	1	80.0	85.0	85.0	1	150.0	150.0	160.0	1	400.0	246.64	12

Nation (points)

- 1 South-Africa 33 [12+12+9] 1242.22 w.pts.

2 India 20 [12+8] 538.56 w.pts.

Best Lifters of Juniors							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Leighton Megan	South-Africa	56.95	1.1612	387.5	449.97	1
2	Roux Rouxchelle	South-Africa	51.50	1.2560	337.5	423.90	1
3	Vrettas Genevieve	South-Africa	50.75	1.2702	290.0	368.36	2

Masters 1																					
-52kg																					
1	Archana Jain	01.01.74	IN	50.75	1.2702	4	70.0	85.0	99.0	1	45.0	50.0	55.0	1	90.0	100.0	X	1	240.0	304.85	12
-57kg																					
1	Raghunath Vinutha	01.01.73	IN	55.85	1.1791	11	112.5	112.5	X	1	40.0	42.5	45.0	1	115.0	X	X	1	272.5	321.30	12
-63kg																					
1	Chug Kapila Gogia	01.01.71	IN	62.35	1.0824	14	60.0	65.0	X	1	40.0	45.0	X	1	60.0	75.0	X	1	185.0	200.24	12

Nation (points)
1 India 36 [12+12+12] 826.40 w.pts.

Best Lifters of Masters 1							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Raghunath Vinutha	India	55.85	1.1791	272.5	321.30	1
2	Archana Jain	India	50.75	1.2702	240.0	304.85	1
3	Chug Kapila Gogia	India	62.35	1.0824	185.0	200.24	1

Masters 2																					
-52kg																					
1	Inderjeet Inderjeet	01.01.61	IN	48.95	1.3053	21	40.0	40.0	40.0	1	25.0	30.0	X	1	50.0	60.0	72.5	1	142.5	186.01	12
-72kg																					
1	Wall Melissa	10.09.61	SCT	69.85	0.9963	15	87.5	92.5	100.0	1	57.5	62.5	65.0	1	125.0	130.0	140.0	1	295.0	293.91	12

Nation (points)
1 Scotland 12 [12] 293.91 w.pts.
2 India 12 [12] 186.01 w.pts.

Best Lifters of Masters 2							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Wall Melissa	Scotland	69.85	0.9963	295.0	293.91	1
2	Inderjeet Inderjeet	India	48.95	1.3053	142.5	186.01	1

Abbreviations:
nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
IN = India SCT = Scotland
SA = South-Africa